



1- MINUTE TRADING JOURNAL

Learn From Your Trades

Ticker:

Date:

1 MARKET TIMING



	Short Term	Medium Term	Long Term
Bullish / Bearish			
Overbought / Oversold			

2 STOCK SELECTION



'BIG MONEY FOOTPRINT' CHECKLIST:

- ☐ OVI
- ☐ Volume pocket
- ☐ Key Level
- ☐ Recent price move
- ☐ Price Consolidation
- ☐ Shrinking retracements
- ☐ Volume Consolidation

3 TRADE PLAN

ENTRY	<div></div>	
INITIAL STOP	<div></div>	
P1 EXIT	<div></div>	
P2 EXIT	<div></div>	

Grade your trade

AAA WIN

Each step was performed correctly by our rules, and you scored a winner

AAA CONTROLLED LOSS

Each step was performed correctly, and there was a controlled loss

✗ BAD TRADE

Some part of the trade (winner or loser) was not performed correctly